KAHM UNITY WOMEN'S COLLEGE MANJERI

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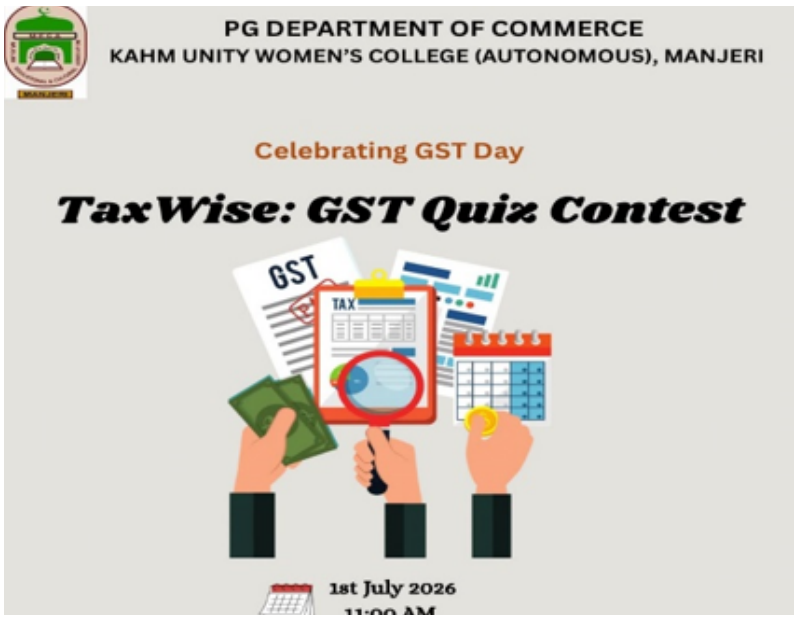
The Monthly Communique

July 2026

Department of Commerce

TaxWise: GST Quiz Contest

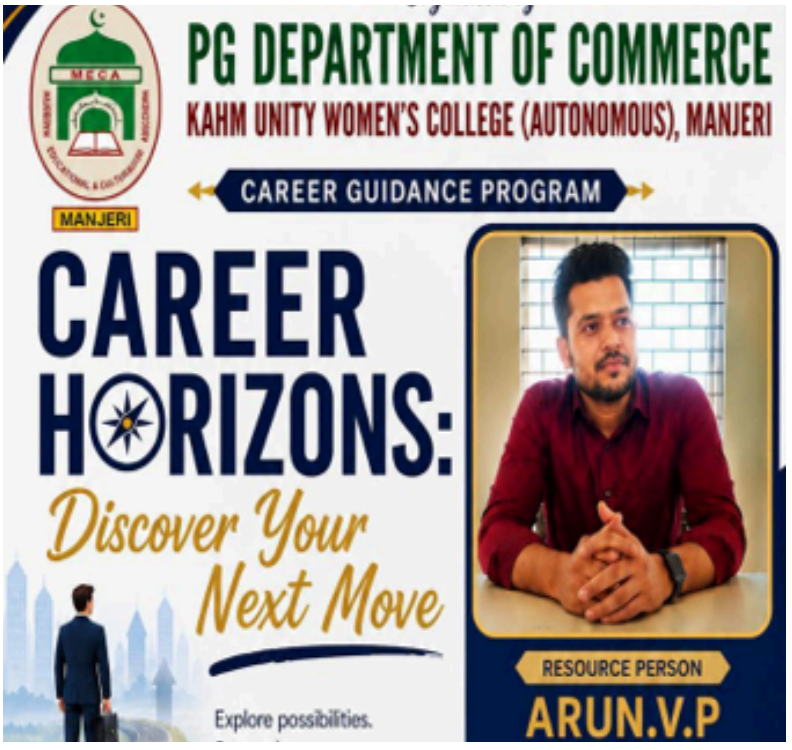
As part of the GST Day Celebrations, the PG Department of Commerce, KAHM Unity Women's College (Autonomous), Manjeri, organized "TaxWise: GST Quiz Contest" on 1 July 2026. The programme aimed to create awareness among students about the Goods and Services Tax (GST) and its importance in the Indian taxation system.The competition witnessed enthusiastic participation from students, with six teams, each consisting of three members.The team comprising Pranava PG, Roshni, and Dhilna of 5th Semester B.Com Computer Applications (CA) secured the first position. The event successfully promoted learning, teamwork, and healthy competition among students, making the GST Day celebration meaningful and memorable.





CAREER HORIZONS:Discover your Next Move

The PG Department of Commerce organized a Career Guidance Programme titled "Career Horizons: Discover Your Next Move" on 15 July 2026 at 11:40 AM in B309. The programme was coordinated by Shajla K, Assistant Professor (Ad-Hoc), with Henna Fathima CK serving as the student coordinator. The session was led by Mr. Arun V. P., Career Educator, T.I.M.E., Perinthalmanna, who provided valuable insights into career planning, higher education opportunities, professional courses such as CA, CMA, CS, MBA, and M.Com, and career prospects in banking, finance, taxation, entrepreneurship, and government services. He also emphasized the importance of employability skills, including communication, leadership, problem-solving, aptitude, and interview preparation, while encouraging students to pursue continuous learning, internships, and professional certifications. The interactive session enabled students to clarify their career aspirations, make informed career choices, and understand the importance of systematic planning for professional success.



Department of B.Com Cooperation

COMBRIDGE'26 – Bridging Ambition to Achievement

The Department of Commerce organized a two-day bridge course titled "COMBRIDGE'26 – Bridging Ambition to Achievement" for the First Semester B.Com Co-operation students of the academic year 2026–27 on 16 and 17 July 2026 at C303. The programme was coordinated by Ms. Muhsina T., Assistant Professor, Department of Commerce, with Ms. Saniya P. serving as the Student Coordinator. The bridge course was designed to help students transition smoothly from Higher Secondary to Degree Level Commerce education by enhancing their academic preparedness, communication skills, interpersonal relationships, and awareness of future career opportunities.The programme commenced with a session titled "Our Department: Legacy and Achievements", handled by Ms. Haseena Jasmine C.K., Head of the Department of Commerce, who familiarized the students with the department's rich heritage, academic accomplishments, and the numerous opportunities available for their overall development. This was followed by an engaging session on "Honing Your Language Skills" by Ms. Vineetha M.K., Assistant Professor, PG and Research Department of English, who emphasized the importance of effective communication, confidence, and language proficiency in academic and professional life. The final session of the first day, "Faces, Friends and Fresh Beginnings," led by Ms. Sulaikha P.M., Assistant Professor, Department of Commerce, encouraged students to build healthy interpersonal relationships, develop teamwork, and confidently adapt to the new academic environment through interactive activities and discussions.The second day of the programme began with "Commerce: The World of Opportunities," presented by Mr. Yaser Yaseen P., Assistant Professor, Department of Commerce, who introduced students to the diverse career prospects available in the fields of commerce, co-operation, banking, finance, higher education, entrepreneurship, and professional courses. This was followed by an interactive "Business Riddle" session conducted by Ms. Muhsina T., Assistant Professor, Department of Commerce, where students enthusiastically participated in business-related puzzles and problem-solving activities that enhanced their analytical thinking and teamwork. The bridge course concluded with an inspiring session titled "Breaking Barriers: Women's Journey in Politics" delivered by Adv. K. Abdurahman, Assistant Professor, Department of Commerce. The session highlighted the role of women in politics, the challenges they encounter, and the significance of women's leadership in building an inclusive society, motivating students to become responsible citizens and future leaders. The formal sessions were followed by vibrant cultural performances presented by the senior students, creating a warm and welcoming atmosphere for the newcomers and fostering a sense of belonging within the department. The programme concluded with a feedback session in which the first-year students shared their experiences and expressed their appreciation for the well-organized bridge course.Throughout the two-day programme, students actively participated in all sessions and benefited from the interactive learning experiences. The bridge course successfully enhanced their communication skills, self-confidence, awareness of academic and career opportunities, and understanding of the department's expectations. COMBRIDGE'26 effectively fulfilled its objective of bridging students' ambitions with academic achievement.







Debate: “Can Money Buy Happiness?”

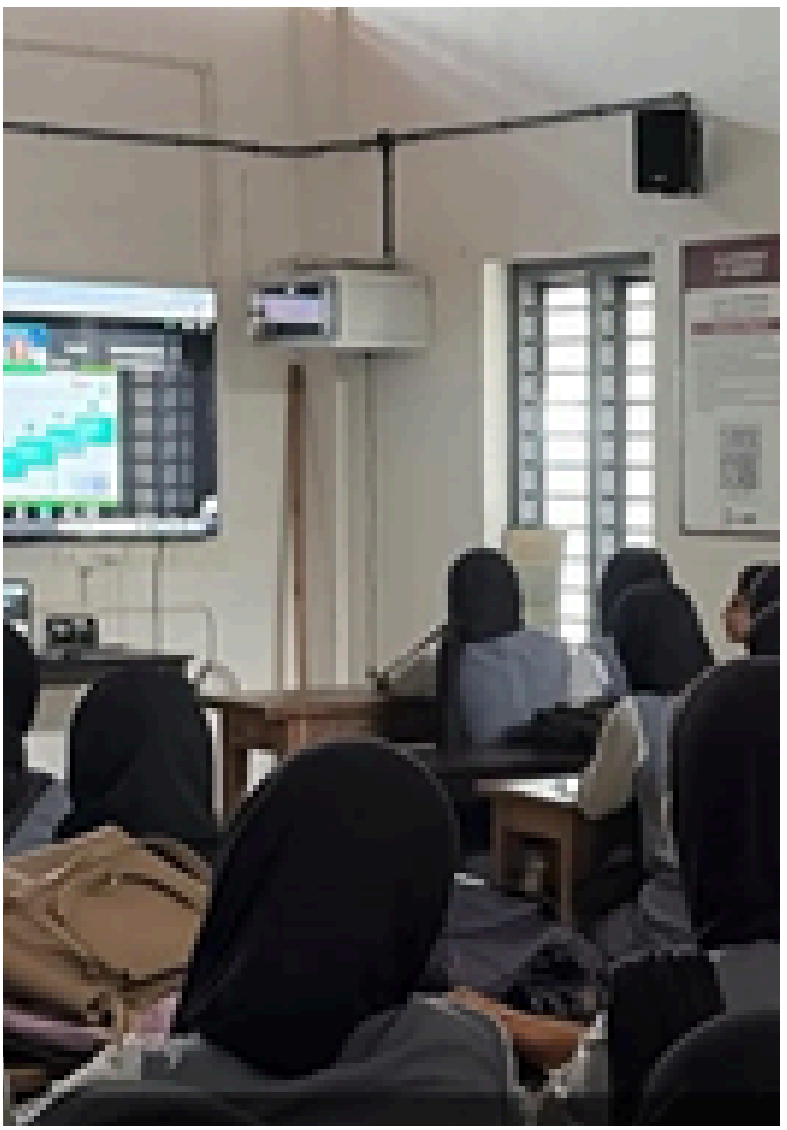
A debate on “Can Money Buy Happiness?” was conducted by the Department of Commerce at KAHM Unity Women’s College (Autonomous), Manjeri, on 30th July.. The debate was initiated by Mr. Yaser Yaseen P., Assistant Professor of Commerce, with Ms. Saniya Puthusseri serving as the mediator.Ms. Faseeha and Ms. Fidha presented the arguments against, highlighting that money alone cannot provide true happiness, peace of mind, or meaningful relationships. Ms. Thasni, Ms. Asifa, and Ms. Henna presented the arguments for, explaining that money provides financial security, comfort, education, healthcare, and better opportunities.The debate was informative and engaging, allowing students to express different perspectives and develop their communication, critical-thinking, and presentation skills.





Report on the Innovation Talk on “Your Money Clock: Start It Today, Not Tomorrow” – Financial Wellness Session

The department and the Institution Innovation Council (IIC) of the college organized an Innovation Talk on “Your Money Clock: Start It Today, Not Tomorrow” (Financial Wellness Session) on 16 July 2026 at Charles Babbage Hall.The session was handled by Ms. Namrata Arora, Finance Educator, Director – Business Development at KNWISE, and Certified Financial Planner. She discussed the importance of financial literacy, budgeting, saving, investment, and early financial planning. The session encouraged students to develop responsible financial habits and make informed decisions for a secure financial future.The programme was coordinated by Ms. Haseena Jasmine C. K., Assistant Professor of Commerce, with Ms. Farwa K. P., Fifth Semester B.Com. Co-operation, as the Student Coordinator. The session was informative and beneficial for all participants.



Get-Together of the 2001 Passed-Out Batch

A get-together of the 2001 passed-out batch was held on 25 July 2026 at Indian Mall, Manjeri. The programme brought together former classmates, providing them with an opportunity to reconnect and cherish their memories.

A total of 23 members of the batch participated in the get-together. The gathering was filled with happiness, friendship, and nostalgia as the participants shared their experiences and recalled their memorable days together.

The get-together provided a wonderful platform for strengthening the bond among the former students and renewing their friendship. The programme concluded successfully with the participants expressing their happiness and hope to meet again in the future.





Department of Home Science

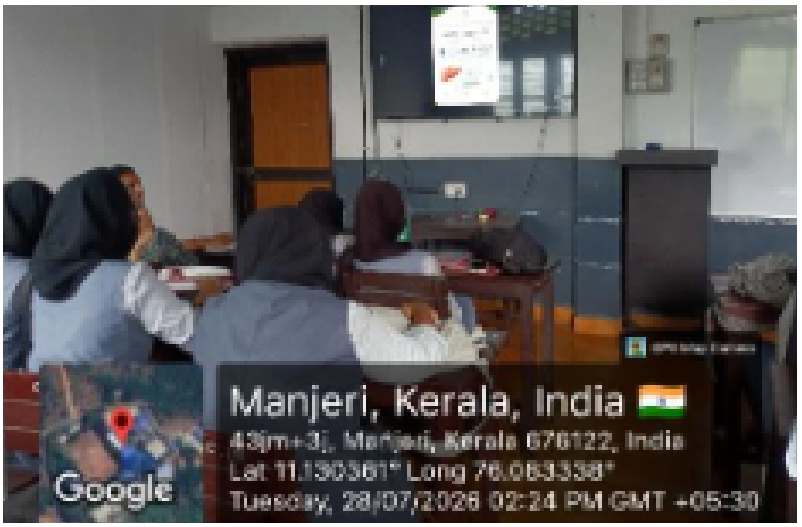
MIND MATTERS: EMOTIONAL AWARENESS, GOAL SETTING AND BRAIN ACTIVATION SESSION

As part of the Jeevani Programme, the PG Department of Home Science organized a session on "Mind Matters: Emotional Awareness, Goal Setting and Brain Activation" on 7th July 2026. The session aimed to promote mental well-being by enhancing emotional awareness, encouraging healthy coping strategies, developing goal-setting skills, and improving cognitive abilities. The resource person, Ms. Sreelakshmi Gangadharan, Jeevani Psychologist, conducted an engaging session on emotional awareness, emotional management techniques, goal setting, and the importance of maintaining good mental health. She also addressed common misconceptions about counselling, emphasizing that seeking professional support is a positive step toward overall well-being.Students actively participated in brain activation activities such as the Colour Reading Activity, Opposite Instruction Activity, and Schulte Table Exercise, which enhanced their attention, concentration, and cognitive flexibility. Students of V Semester BSc Family and Community Science, I Sem MSc Home Science (Nutrition & Dietetics), and III Sem MSc Home Science (Nutrition & Dietetics) attended the programme enthusiastically. The session was engaging and interactive, helping students gain better awareness of mental health along with practical tools for emotional well-being. Lt. Loosiya. KP, Assistant Professor (Adhoc), PG Department of Home Science, and Ms. Fathima Neha. PK, V Semester BSc FCS, served as the faculty and student coordinators, respectively.



HEPACASE: A CLINICAL CASE STUDY FORUM

The PG Department of Home Science, KAHM Unity Women's College (Autonomous), Manjeri, organized 'HEPACASE: A Clinical Case Study Forum' on 28th July 2026 in Room B308 to commemorate World Hepatitis Day. The programme was conducted with the objective of creating awareness about hepatitis and other liver disorders while enhancing the clinical knowledge, presentation skills, and evidence-based learning of postgraduate students through case-based discussions. The programme commenced with a welcome address by Ms. Nuha Kunhi Mohamed, Student Coordinator, III Semester M.Sc. Home Science (Nutrition and Dietetics). The significance of World Hepatitis Day was highlighted, emphasizing the vital role of nutrition professionals in the prevention, management, and public awareness of liver diseases. The Clinical Case Study Forum featured a series of informative student presentations on contemporary topics related to liver health. The presentations included Drug-Induced Hepatitis, Anorexia and Hepatitis, Herbal Medicine and Hepatitis, Hepatocellular Carcinoma and Hepatitis, and Hepatitis Eradication by 2030. Each presentation was followed by an Interactive discussion, enabling participants to critically analyze clinical scenarios, exchange ideas, and deepen their understanding of multidisciplinary approaches to liver disease management. The forum served as an effective platform for strengthening students' clinical reasoning, scientific communication, and presentation skills while fostering awareness of liver health and preventive healthcare. The programme concluded with a feedback session, during which participants appreciated the relevance of the topics, scientific content, and interactive learning experience. The programme was coordinated by Ms. Shahla K., Assistant Professor (Adhoc), PG Department of Home Science, who served as the Faculty Coordinator. The programme successfully promoted academic learning, clinical competence, and awareness of hepatitis and liver health among the participants.



HOME SCIENCE BRIDGE COURSE

The PG Department of Home Science organized a two-day bridge course for the newly admitted first-semester B.Sc. Family and Community Science Honors students on 16th and 17th July 2026. The programme was conducted as an orientation and academic readiness initiative by DQAC with the objective of helping the students to make a smooth transition from school education to higher education, familiarize themselves with the academic framework of the FYUGP curriculum, and develop confidence to begin their undergraduate programme successfully. The Bridge Course commenced on 16th July 2026 with an inspiring session titled "Home Science Beyond What You Think," delivered by Dr. N. V. Fatimathu Zuhara, Assistant Professor & Head, PG Department of Home Science and FYUGP Academic Coordinator. The session highlighted the multidisciplinary nature and scope of Home Science while introducing the students to the history and growth of the department. She also acknowledged the valuable contributions of the former Heads of the Department, introduced the faculty members, and provided an overview of the department's academic strengths, helping the students develop a comprehensive understanding of the discipline and the department. This was followed by an "Ice-breaking and Foundation to Language" session handled by Ms. M. K. Vineetha, Assistant Professor, Department of English. The interactive session enabled the students to get acquainted with one another, fostered a sense of belonging, and emphasized the importance of effective language and communication skills for academic success in higher education. Ms. Bushaira V, Assistant Professor, DQAC & FYUGP Faculty Advisor, delivered a session on "Curriculum and Academic Pathways", introducing the students to the FYUGP curriculum structure, programme outcomes, credit system, course framework, and academic progression. Later, Ms. Shahla Karuthedath, Assistant Professor (Adhoc),



NUTRIFARE' - FAREWELL FUNCTION TO PG STUDENTS

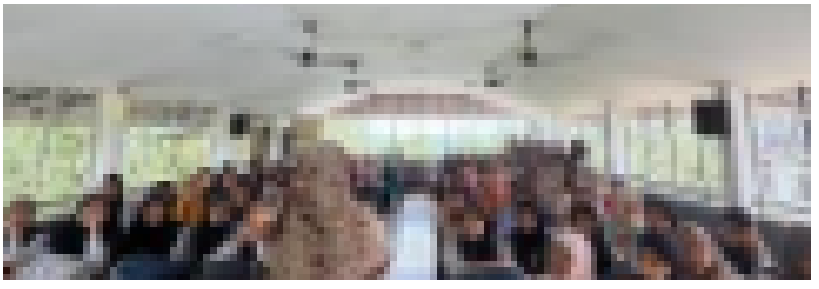




The NutriFare, a farewell programme for the IV Semester MSc Home Science (Nutrition & Dietetics) students on 30 July 2026 at NRSC. The programme was organised with the aim of honouring the outgoing students, celebrating their academic journey, and inspiring them to confidently pursue their future academic and professional aspirations. The programme commenced with a welcome address by Dr. N.V. Fatimathu Zuhara, Assistant Professor and Head, PG Department of Home Science, who reflected on the students' journey in the department and encouraged them to apply the knowledge, skills, and values they had acquired during their postgraduate studies in their future endeavours. This was followed by an address by Ms. A.S. Anitha Begum, Former Head of the Department, who reminisced about her association with the students and motivated them to uphold the values of the profession, continue learning, and strive for excellence in both their personal and professional lives. The faculty members and laboratory assistants of the department also interacted with the outgoing students and shared their reflections. The students of the outgoing batch expressed their gratitude to the department, faculty members, and classmates while sharing their memorable experiences of the two-year postgraduate programme. As part of the programme, the Best Outgoing Student Award was presented to Ms. Shifa Rinshi, IV Sem MSc Home Science (Nutrition & Dietetics), in recognition of her outstanding participation in both academic and extracurricular activities.Prof. (Dr.) Muhammed Basheer Ummathur, Principal, and Er. O. Abdul Ali, Manager, joined the programme during the lunch session, interacted with the students, appreciated their achievements, and encouraged them to uphold the values of the institution and excel in their future careers. The programme concluded with a vote of thanks by Ms. Huda Fathima P., I Sem MSc Home Science (Nutrition & Dietetics). The programme was anchored by Ms. Nuha Kunhi Mohamed, III Sem MSc Home Science (Nutrition & Dietetics), and coordinated by Lt. Loosiya. KP, Assistant Professor (Adhoc) and Class Tutor, Ms. Shahma P. and Ms. Fathima Fidha C.P., III Sem MSc Home Science (Nutrition & Dietetics), as the faculty and student coordinators, respectively. The programme strengthened the bond between students and faculty while leaving the outgoing graduates with a sense of gratitude, confidence, and motivation as they embarked on the next phase of their lives.

ASSOCIATION ACTIVITY- INTERACTION WITH FRESHERS

The Department organized an Association Programme titled "Interaction with the Freshers" on 30 July 2026 at 2:50 PM in the NRSC Room. The programme was organized with the objective of warmly welcoming the newly joined students and familiarizing them with the activities, objectives, and functioning of the Department Association. The session was led by Mrs. Farsana Shirin K, Assistant Professor (Adhoc) and Association Coordinator of the Department. She warmly welcomed the freshers and introduced them to the Department Association, its vision, objectives, and major areas of activity. She highlighted the important role played by the association in providing students with opportunities to develop their academic competence, creativity, leadership qualities, teamwork, communication skills, and social responsibility. The freshers were encouraged to make effective use of the various academic, co-curricular, extracurricular, and extension opportunities provided by the department throughout the academic year. During the interaction, the Association Secretary, Shana K of the 5th Semester B.Sc. Family and Community Science, was introduced to the freshers. The programme provided a friendly and engaging platform for the freshers to become familiar with the department association and its activities. It also helped establish a positive rapport between the new students and the department, encouraging them to participate enthusiastically in the academic and extracurricular activities of the association.





POTHICHORU-A COMMUNITY CARE INITIATIVE

As part of the community outreach activities of the PG Department of Home Science, the monthly 'Pothichoru' – A Community Care Initiative was conducted on 31 July 2026. Through the collective contributions of UG and PG students and faculty members, essential food items were purchased and distributed to a deserving family at Alukkal. Lt. Loosiya. KP, Assistant Professor (Adhoc), and Ms. AyishaNishana Engalam Purath, First Sem MSc Home Science (Nutrition & Dietetics), served as the faculty and student coordinators, respectively. The initiative strengthened students' sense of compassion, social responsibility, and commitment to serving the community through collective action.





Department of Malayalam

Basheer Memorial Programme

The Department of Malayalam, K.A.H.M. Unity Women's College, Manjeri, in collaboration with MILES Digital Studio, organised a Basheer Memorial Programme as a tribute to the legendary Malayalam writer Vaikom Muhammad Basheer.As part of the programme, the documentary film "Basheer: The Man", directed by M. A. Rahman, was screened. The screening was followed by an insightful discussion focusing on Basheer's life, literary vision, humanism, and his enduring influence on Malayalam literature and culture.The programme was led by Dr. Hikmathulla V, Head of the Department of Malayalam, who guided the discussion and highlighted the relevance of Basheer's works in contemporary society. Faculty members and students actively participated in the discussion, making the event intellectually engaging and reflective.The programme served as a meaningful academic and cultural initiative, fostering literary appreciation and critical engagement among students.

Department of Psychology

International Self-Care Day

The Department of Psychology, Korambayil Ahamed Haji Memorial (KAHM) Unity Women's College (Autonomous), Manjeri, organized an International Self-Care Day Celebration on 27 July 2026 under the theme "Take Care of Your Mind, Body and Heart." The programme was coordinated by Ms. Jihan P., Assistant Professor, Department of Psychology, with the support of Rahmida and Raza, Fifth Semester B.Sc. Psychology students, who served as the student coordinators. The celebration aimed to promote awareness about the importance of self-care, mental well-being, emotional resilience, and holistic health among students. Organised under the slogan "Two Programs – One Goal: Self Care!", the event encouraged students to prioritise their physical, emotional, and psychological well-being through creative expression, relaxation, and mindfulness.The celebration featured two major programmes. The first programme was a Digital Poster Making Competition on the theme "International Self-Care Day," which was open to all students. Participants creatively designed digital posters highlighting the significance of self-care, mental health awareness, mindfulness, emotional well-being, and healthy lifestyle practices. The competition provided a platform for students to express their creativity while spreading positive messages about the importance of caring for oneself.The second programme, "Art Room – Create. Relax. Unwind.", was conducted in the Psychology Lab as a full-day experiential activity. Organised in 30-minute sessions with eight participants at a time, the Art Room offered students a peaceful and therapeutic space to relax and engage in creative activities such as drawing and painting, journaling, mandala art, and polymer clay craft modelling. The sessions encouraged self-expression, mindfulness, creativity, and stress relief, allowing participants to experience the therapeutic benefits of art in a supportive environment.





Department of Mathematics

NATIONAL STATISTICS DAY OBSERVED AT KAHM UNITY WOMEN'S COLLEGE

The Department of Mathematics, in association with the Mathematics and Statistics Club, KAHM Unity Women's College, Manjeri, observed Statistics Day on 30 June 2026 at Maryam Mirzakhani Hall under the theme "Empowering Decision through Data."The programme was inaugurated by Prof. (Dr.) Muhammed Basheer Ummathur. Dr. Abdul Rof V delivered the Presidential Address, and the keynote address was delivered by Mr. Usman Shereef Koori, Joint Director (Retd.), Department of Economics and Statistics. In his keynote address, he highlighted the vital role of statistics and data-driven decision-making in education, research, governance, and industry.





QUIZ COMPETITION AND POWER BI

As part of the celebration, a Quiz Competition and a Power BI Presentation and Career Opportunity Orientation were conducted, providing students with valuable exposure to modern data analytics tools and emerging career opportunities in the field of data science and analytics.Ms. Jezeera P., Programme Coordinator, welcomed the gathering. Ms. Ashitha P.A, Coordinator of the Department of Mathematics and Statistics Club, highlighted the significance of the celebration and the activities organized as part of Statistics Day. The programme concluded with a vote of thanks proposed by Ms. Nashva, Student Coordinator. The event witnessed enthusiastic participation from students and faculty members, making the celebration both informative and inspiring.





FINANCIAL WELLNESS SESSION

The Department of Mathematics, in collaboration with Knowise Academy, Delhi, and with the cooperation of the Securities and Exchange Board of India (SEBI), organized a Financial Wellness Session for students on 15 July 2026 at 2:30 p.m. at the Maryam Mirzakhani Hall, K.A.H.M. Unity Women's College, Manjeri.The programme was organized with the objective of enhancing students' awareness of financial wellness and developing responsible financial habits among the younger generation. The session focused on the importance of financial literacy and informed financial decision-making in personal and professional life.Ms. Sheetal Rathi, Knowise Academy, Delhi, served as the resource person. She interacted with the students and provided valuable insights into financial awareness, planning and responsible financial practices. The session was interactive and encouraged students to develop a better understanding of the importance of managing financial resources wisely.The programme was conducted with the cooperation of SEBI, which contributed to the financial literacy initiative and supported the effort to create greater awareness among students regarding responsible financial behaviour and informed decision-making.Students actively participated in the session and benefited from the practical guidance and expert interaction. The programme provided an effective platform for students to enhance their financial awareness and understand the importance of developing sound financial habits at an early stage.The session was coordinated by Dr. Abdul Rof V, Department of Mathematics. Participation certificates were issued to the attendees.The Financial Wellness Session concluded successfully, contributing to the Department of Mathematics' efforts to promote financial literacy and holistic development among students.



Department of History

Bridge Course for First-Year BA History Students

A two-day bridge course for first-year BA History students was conducted on 16 and 17 July 2026. The programme aimed to familiarise students with the undergraduate programme, academic requirements, support systems, career opportunities, and departmental activities.On Day 1, sessions covered the programme structure and academic requirements by Shabeermon M (Head of the Department), academic advising and student professionalism by Jaseena C, internal assessment and student support services by T.K. Faizal, and career opportunities in History by Dr. Shiji K P.Day 2 featured a session on career opportunities in Political Science by Dr. Saithalavi and an introduction to History Association activities by Dr. Shiji KP. The course concluded with "Walk Through Unity Hills," an outdoor team-building activity facilitated by Jaseena C and Faizal TK, which provided students an opportunity to interact with peers and faculty in an informal setting.The Department of History organized an invited lecture on "The Geopolitics of the Strait of Hormuz: Historical Evolution, Contemporary Crisis, and Global Implications" on Thursday, July 30, 2026, at 2:00 PM in Aryabhata Hall. The session was chaired by Mr. Faizal TK and featured Dr. Lirar Pulikkalakath, Assistant Professor at the School of International Relations and Politics, Mahatma Gandhi University, Kottayam, as the keynote speaker. The lecture provided an insightful analysis of the strategic significance of the Strait of Hormuz, tracing its historical importance, examining current geopolitical tensions, and discussing its broader ramifications for global security and economy. The event was successfully coordinated by faculty coordinator Jaseena C and student coordinator Farhana K (III BA History), drawing active participation from students and faculty members.





NCC

WORLD PAPER BAG DAY – PAPER BAG MAKING WORKSHOP

As part of World Paper Bag Day, the NCC Army Wing of KAHM Unity Women's College (Autonomous), Manjeri (under 9 (K) Girls Battalion NCC, Calicut) organized a Paper Bag Making Workshop on 10 July 2026 at NRSC with the theme "Paper Today, Greener Tomorrow." The workshop aimed to create awareness about reducing plastic usage, promote eco-friendly alternatives, and encourage students to adopt sustainable practices for environmental conservation. The resource person, CDT Fathima Rinshida M, III Semester BSc FCS, explained the importance of paper bags and demonstrated the step-by-step process of making reusable paper bags.Lt. Loosiya K.P., Associate NCC Officer, welcomed the gathering and highlighted the significance of the workshop in inspiring the younger generation to embrace environmentally responsible practices, thereby contributing to a plastic-free and greener tomorrow. Prof. (Dr.) Muhammed Basheer Ummathur, Principal, appreciated the initiative taken by the NCC cadets and emphasized the importance of adopting eco-friendly practices, reducing single-use plastics, and working collectively towards building a sustainable and green campus. The vote of thanks was delivered by L/CPL Rishva K., V Semester B.A. History, the student coordinator. A total of 36 NCC cadets actively participated in the workshop. The programme successfully enhanced the participants' practical skills in paper bag making and strengthened their commitment to environmental protection and sustainable living.





DIALYSIS KIT PACKING

As part of the Hastham Palliative Care Project by Manjeri Municipality, six NCC cadets of KAHM Unity Women's College, Manjeri actively participated in the dialysis kit-packing activity held at the Hastham Office, Manjeri Municipality, on 16th July 2026. The aim of the programme was to support patients undergoing dialysis by preparing essential dialysis kits under the Hastham Palliative Care Project. The objectives were to familiarise NCC cadets with palliative care services, to develop empathy and social responsibility among students, and to encourage active participation in community-based healthcare support. Mr. Shafeeq, Counsellor from Government Medical College, delivered a brief explanation about the project and its significance in patient care. The participating cadets were), CDT Arshana Thasneem.T (3rd Sem B.Sc FCS), CDT Fathima Fahidha M.K(3rd Sem B.A English) CDT Lina Abdul Jaleel (3rd Sem B.Sc FCS),CDT Vibisha A(3rd Sem BA History),CDT Bahja N(3rd Sem B.A History) and CDT Shahana Shery T T(3rd Sem B.A History).The outcome of the programme was the successful preparation of dialysis kits for distribution to patients, along with increased awareness among cadets about the importance of palliative care services and community health support.





KARGIL VIJAY DIWAS

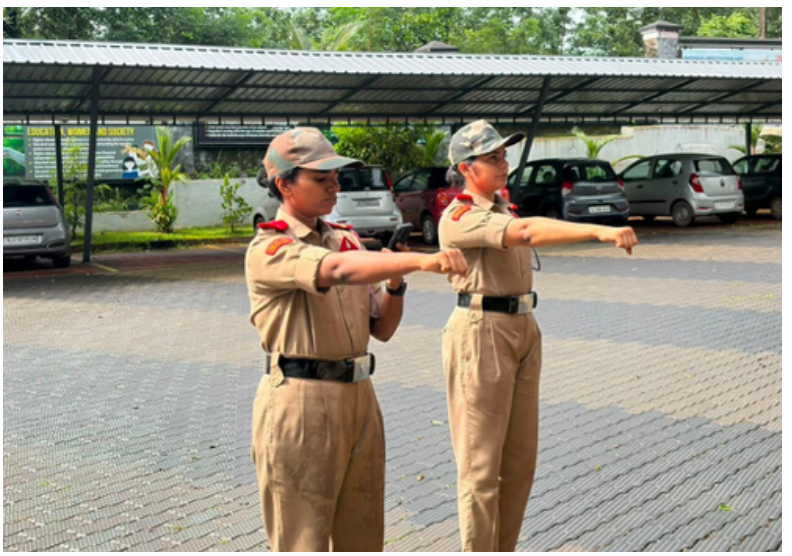
The NCC Army Wing of KAHM Unity Women's College (Autonomous), Manjeri, under 9 (K) Girls Battalion NCC, Calicut, observed Kargil Vijay Diwas on 24 July 2026 to commemorate India's victory in Operation Vijay, honour the courage and supreme sacrifice of the Kargil War heroes, and inspire the spirit of patriotism among cadets. The programme commenced with a welcome address by Mr. Shabeer Mon. M, Assistant Professor and Head, Department of History, who highlighted the historical significance of Kargil Vijay Diwas and the valour displayed by the Indian Armed Forces during the Kargil War. Prof. (Dr.) Muhammed Basheer Ummathur, Principal, delivered the presidential address, emphasizing the importance of remembering the nation's brave soldiers and encouraging the cadets to uphold the values of courage, discipline, and selfless service. As part of the observance, a "Tribute to the Heroes" candle-lighting ceremony was held in front of the Administrative Block, during which those present paid homage to the martyrs in remembrance of their supreme sacrifice.The programme continued with the screening of the patriotic film Shershaah, based on the life of Captain Vikram Batra, PVC, which portrayed the courage, leadership, and ultimate sacrifice of the Kargil War hero and inspired the cadets with the values of patriotism, bravery, and devotion to the nation. The programme concluded with a vote of thanks by UO Sreeneha. M (V Sem BSc Mathematics). The programme was coordinated by Lt. Loosiya. KP, Associate NCC Officer, with L/CPL Rishva K. (V Sem BA History) serving as the Student Coordinator. A total of 52 NCC cadets participated in the programme. The observance successfully strengthened the cadets' sense of patriotism, national pride, and respect for the sacrifices of the Indian Armed Forces, motivating them to serve the nation with dedication and responsibility.



ANTI DRUG – PLEDGE

As part of the Anti-Drug Awareness Initiative, NCC cadets of the second and third years took the Anti-Drug Pledge through the MyGov portal on 31 July 2026, with the aim of creating awareness about the harmful effects of drug abuse and promoting a healthy, drug-free lifestyle. The pledge was read by UO Sreeneha. M, V Semester B.Sc. Mathematics, and the cadets pledged to stay away from drugs, discourage substance abuse, and contribute to building a drug-free society. The programme strengthened the cadets' commitment to making responsible choices and spreading the message of "Say Yes to Life, No to Drugs."







NSS

NSS PRE-CAMP CUM ORIENTATION "UNARVU"

NSS Units 008 & 171 of KAHM Unity Women's College (Autonomous), Manjeri, organised a two-day Pre-Camp cum Orientation programme, "Unarvu-2026" (meaning "to wake up"), on 2–3 July 2026. The camp aimed to strengthen cooperation among volunteers, orient them to NSS values, build leadership and teamwork, and prepare them for the year's activities.The programme began at 4:00 PM on 2 July with registration and tea. The inaugural session, moderated by Hiba A, featured a welcome by Jalva Nishani C.P., presidential address by Dr. Haris U (NSS Programme Officer), inauguration by Mr. Muhammed Noufal A (Former District Coordinator, NSS, University of Calicut), felicitation by Dr. Fasila P, and vote of thanks by Nihala K.M. Mr. Noufal then led an interactive orientation with games, team tasks, singing and insights on NSS history, values and benefits. Volunteers shared dinner and a lively cultural night of dances and songs before staying overnight in department rooms.On 3 July, volunteers trekked to Unity Hill at 6:30 AM, enjoying foggy views and nature close to campus. After breakfast, the wind-up and feedback session (moderated by Hiba A) was inaugurated by Principal Prof. Dr. Basheer Ummathur. Feedback from Nihala K.M. and Zamla M highlighted the camp's impact before it concluded at 10:30 AM. Unarvu-2026 left volunteers with lasting memories of teamwork, shared experiences and renewed commitment to social service, truly awakening the spirit of unity and leadership.





AWARENESS SESSION ON CYBER FINANCIAL FRAUDS

The National Service Scheme (NSS) Units 008 & 171 of the college, in association with Lead Bank, Malappuram, organized an awareness session on Cyber Financial Frauds on 17th July 2026 for NSS volunteers. The programme also introduced RBI Reelathon 2026, a nationwide awareness reel-making competition initiated by the Reserve Bank of India.The programme began with the welcome address by Dr. Faseela P., NSS Programme Officer. The session was presided over by Prof. Dr. Basheer Ummathur, Principal, who delivered the presidential address. Mr. Shibu, Coordinator, Centre for Financial Literacy, offered the felicitation.The awareness classes were led by Ms. Anjana Dev, District Manager, Lead Bank, Malappuram, and Mr. Nidhin M., Associate, Centre for Financial Literacy. They explained important topics including illegitimate loan apps, mule accounts, digital financial frauds, cyber scams, and safe digital banking practices. The speakers also encouraged students to participate in RBI Reelathon 2026 by creating awareness reels on cyber financial fraud prevention.The session was highly informative and interactive, helping NSS volunteers understand the growing risks of online financial fraud and the importance of spreading awareness in society. The programme concluded with the vote of thanks by Dr. Haris U., NSS Programme Officer.Overall, it was an excellent and meaningful awareness programme that equipped NSS volunteers with valuable knowledge on cyber financial safety and responsible digital banking.



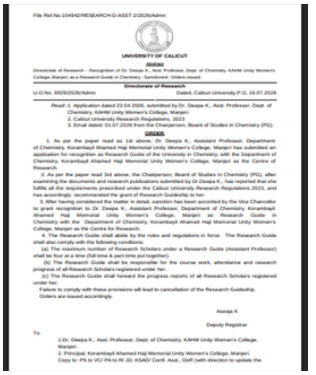
ANTI DRUG AWARENESS PROGRAMME

As part of the Anti-Drug Awareness Campaign, an Anti Drug Awareness Programme was organized by NSS Units 171 & 008, Anti Narcotic Cell and Red Ribbon Club of KAHM Unity Women's College (Autonomous), Manjeri on 30th July 2026, Thursday at 11:00 AM at the College Auditorium. The programme was specially organized for the First Year UG students. The programme was conducted on the theme "Aware Today, Safe Tomorrow - Say No to Drugs".The session was led by Mr. RP Suresh Babu, Asst. Excise Inspector, Excise Range Office, Manjeri. He delivered a highly informative and thought-provoking talk on the rising threat of narcotic substances among youth, its legal consequences, physical and mental health impacts, and how students can play a vital role in creating a drug-free society. NSS Programme Officers Dr. Haris U and Dr. Faseela P addressed the gathering and highlighted the importance of student participation in building a drug-free campus.The session was very interactive in nature. Students actively participated, cleared their doubts, and shared their views. The programme effectively created awareness about making responsible life choices.All the NSS volunteers actively participated and rendered their full support in organizing and managing the programme successfully, ensuring discipline and active involvement of first-year students.The programme concluded with a strong pledge to stand against drug abuse and to promote a healthy and safe campus



Teacher's Credentials

- **Mrs. Suhada K. M.**, Assistant Professor, Department of Chemistry, KAHM Unity Women's College (Autonomous), Manjeri, submitted Ph.D. thesis entitled "Microplastic Pollution and Its Implications on the Structure and Properties of Soil Organic Matter" to the University of Calicut on 12 July 2026. The research was carried out at the Research Centre, Malabar Christian College, Calicut, under the supervision of Dr. Yamuna K. M., Assistant Professor, Department of Chemistry, PRNSS College, Mattannur
- **Dr.Deepa K**, Assistant Professor, Department of Chemistry, has been recognized by the University of Calicut as a Research guide in Chemistry, with Department of Chemistry, Korambayil Ahamed Haji Memorial Unity Women's College, Manjeri, designated as Centre of Research.



- **Dr. Shamsheera K.O.**, Assistant Professor, Department of Chemistry, served as a reviewer for the Journal of Environmental Biology, a journal indexed in Scopus and Web of Science and listed in the UGC-CARE database



- **Ms. M.K.Vineetha** of the PG & Research Department of English attended a 6 day short term online course on Gender, Caste and Society conducted by MMTTC, Kannur University from 28th July to 3rd August, 2026.



- **Dr. Shahina Mol A K**, Associate Professor & Head, KAHM Unity Women's College (Autonomous), Manjeri, has been nominated as the Government Nominee for the Senate and Syndicate of Dr. Shahina Mol A K, Associate Professor and Head of English and Syndicate Member, University of Calicut served as the Chief Guest for the Inauguration of the "Deeksharambh- Swagath 2026" for first semester UG students and parents at Noble Women's College, Manjeri. She Delivered the Inaugural Address during the occasion, welcomed the new batch of FYUG students of Noble campus and delivered an insightful session for students and parents. She also participated as the Guest of Honor in the Graduation Ceremony organized by KMCT Arts & Science College, Kuttippuram on 21st July 2026 at The White Oak Castle Convention Center. Dr. Shahina Mol was the Chief Guest at the Graduation Ceremony 2026 of Al Shifa College of Arts and Science held on 16th July 2026.



- **Ms Sangeeta K,** Associate Professor, Department of English, attended six-day short term course on Smart Education and Research with AI, organized by the MMTTC, Kannur University from 30 June 2026 to 6 July 2026, and successfully completed the same with Grade A+.
- **Ms. Haseena Jasmine.C.K**. ,Assistant Professor of Commerce has participated in the International Webinar on "Reference Management Made Easy: Using Zotero & Mendeley " organised by Team Skill Activate on 11th July 2026.



- **Mr. Yaser Yaseen P**, Assistant Professor, Department of Commerce, attended a Two-Day National Workshop on "Structural Equation Modelling (SEM) with AMOS" held at MES Mampad College (Autonomous) on July 13 and 14, 2026.



- **Dr. V. Hikmathulla,** Assistant Professor, Department of Malayalam was invited as the Guest of Honour to inaugurate the Vidyarangam Kalasahithya Vedi and various school clubs at G.M.U.P. School, Melmuri, on 6 July 2026.. He was also a guest at Ethanovia 2K26 – School Arts Fest, organised by Ethanova Knowledge Village.The three-day school arts festival was held on 8, 9 and 10 July 2026 at IOHS, Mount Safa English School and Heavens Preschool, Karinganad.



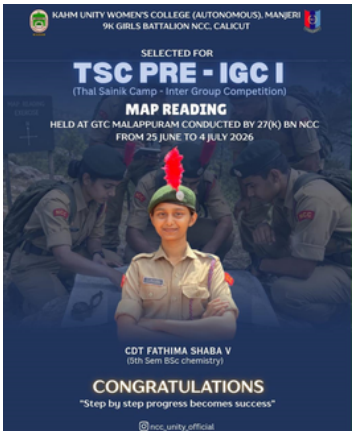
- **Faizal TK**, an Assistant Professor of History, has published a research paper in an international open-access, peer-reviewed, and refereed journal. This publication is recognized by the UGC (Journal No: 63975) and boasts an Impact Factor of 7.95.



Student's Achievements

- **Ms. Henna P. K** of fifth-semester B.Sc. Family and Community Science Honours, won the first prize in the Mobile Photography Competition organized in association with World Population Day by the Department of Home Science and Centre for Research, St. Teresa's College (Autonomous), Ernakulam.

- **CDT FATHIMA SHABA V** (V Semester BSc Chemistry) participated in the Thal Sainik Pre-Inter Group Competition Camp conducted by 27 (K) Battalion NCC, Palakkad at GTC, Malappuram from 25th June to 4th July 2026.



- **CDT SHIFANA VP** (III Sem BSc FCS) was selected for and attended the Drone Training Camp conducted by 33 (K) Battalion NCC, Kottayam Group, at Amal Jyothi Engineering College, Kanjirapally, from 8th to 17th July 2026. The camp provided cadets with practical training and hands-on exposure to drone technology, operation, and basic aerial applications, enhancing their technical skills and awareness of emerging technologies.



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